

**LUIS E. FLORES JR., PH.D.**  
CURRICULUM VITAE

Humphrey Hall  
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Kingston, ON K7L 3N6

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**EDUCATION and TRAINING**

**UNDERGRADUATE:**

2002-2007      University of California, Berkeley                      Psychology  
Berkeley, CA    B.A. (2007)  
Advisor: Ricardo F. Muñoz, Ph.D.

**GRADUATE:**

2008-2015      University of Illinois, Urbana-Champaign                      Clinical Psychology  
Urbana, IL    Ph.D. (2015)  
Advisor: Howard Berenbaum, Ph.D.

**CLINICAL INTERNSHIP:**

2014-2015      Western Psychiatric Institute and Clinic of the University of Pittsburgh Medical Center  
Pittsburgh, PA  
Directors: Michele D. Levine, Ph.D., and Tina R. Goldstein, Ph.D.

**POSTGRADUATE:**

2015-2018      Postdoctoral Fellow  
VISN 4 Mental Illness Research, Education and Clinical Center  
VA Pittsburgh Healthcare System and University of Pittsburgh School of Medicine,  
Pittsburgh, PA  
Area: Clinical Psychology and Affective Neuroscience  
Mentor: Erika E. Forbes, Ph.D.  
Director: Gretchen L. Haas, Ph.D.

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**APPOINTMENTS and POSITIONS**

July 2018 -      Assistant Professor of Psychology  
Queen's University  
Kingston, Ontario, Canada

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**MEMBERSHIP in PROFESSIONAL and SCIENTIFIC SOCIETIES**

Association for Psychological Science  
Society for Research in Child Development  
Society for Research in Psychopathology  
Society for Personality and Social Psychology

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## HONORS and AWARDS

Gates Millennium Scholar	2002-2007
Summer Research Fellowship, Columbia University and Leadership Alliance	2005
Swan Research Award, University of California, Berkeley, Department of Psychology	2006
McNair Scholar, University of California, Berkeley	2006
Highest Honors, University of California, Berkeley, Department of Psychology	2007
Graduate College McNair Fellowship, University of Illinois, Urbana-Champaign	2008-2011
Clinical/Community Psychology Summer Fellowship, University of Illinois, Urbana-Champaign	2013
Psychology Department Kanfer Fellowship, University of Illinois, Urbana-Champaign	2013-2014
Ed Scheiderer Memorial Clinical/Community Psychology Research Award, University of Illinois	2014

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## PUBLICATIONS

### REFEREED ARTICLES:

1. Aarons, G. A., Fettes, D. L., **Flores, Jr., L. E.** & Sommerfeld, D. H. (2009). Evidence-based practice implementation and staff emotional exhaustion in children's services. *Behaviour Research and Therapy*, 47(11), 954-960.
2. **Flores, Jr., L. E.**, & Berenbaum, H. (2012). Desire for emotional closeness moderates the effectiveness of the social regulation of emotion. *Personality and Individual Differences*, 53(8), 952-957.
3. Berenbaum, H., Chow, P.I., Schoenleber, M., & **Flores, Jr., L.E.** (2013). Pleasurable emotions, age, and life satisfaction. *The Journal of Positive Psychology*, 8(2), 140-143.
4. Chow, P.I., Berenbaum, H., & **Flores, Jr., L.E.** (2013). Is energy expenditure in emotion regulation dependent on individual differences and the specific emotion in question? *Motivation and Emotion*, 37(4), 758-764.
5. Chow, P.I., Berenbaum, H., & **Flores, Jr., L.E.** (2013). The role of perceived utility of emotion in interpersonal sensitivity and depression. *Journal of Social and Clinical Psychology*, 32(8), 859-877.
6. **Flores, Jr., L.E.**, & Berenbaum, H. (2014). Desired emotional closeness moderates the prospective relations between levels of perceived emotional closeness and psychological distress. *Journal of Social and Clinical Psychology*, 33(8), 673-700.
7. Chow, P.I., Berenbaum, H., & **Flores, Jr., L.E.** (2015). Examining the temporal and contextual stability of perceptions of emotional utility. *Cognition & Emotion*, 29(7), 1224-1238.
8. Berenbaum, H., Chow, P.I., Schoenleber, M., & **Flores, Jr., L.E.** (2016). Personality and pleasurable emotions. *Personality and Individual Differences*, 101, 400-406.
9. **Flores, Jr., L.E.**, & Berenbaum, H. (2017). The effect of the social regulation of emotion on emotional long-term memory. *Emotion*, 17(3), 547-556.
10. **Flores, Jr., L. E.**, & Berenbaum, H. (2017). The social regulation of emotion and updating negative contents of working memory. *Emotion*, 17(4), 577-588.
11. **Flores, Jr., L.E.**, Cyranowski, J.M., Amole, M., & Swartz, H.A. (2017). Prospective assessment of social network quality among depressed mothers treated with brief psychotherapy: Validation of the Social Network Quality (SNQ) scales. *Comprehensive Psychiatry*, 78, 98-106.
12. Berenbaum, H., Chow, P.I., **Flores, Jr., L.E.**, Schoenleber, M., Thompson, R.J., & Most, S.B. (in press). A test of the initiation-termination model of worry. *Journal of Experimental Psychopathology*.

13. **Flores, Jr., L.E.**, Eckstrand, K.L., Silk, J.S., Allen, N.B., Ambrosia, M., Healey, K.L., & Forbes, E.E. (in press). Adolescents' neural response to social reward and real-world emotional closeness and positive affect. *Cognitive, Affective, & Behavioral Neuroscience*.
14. Berenbaum, H., Huang, A.B., & **Flores, Jr., L.E.** (in press). Contentment and tranquility: Exploring their similarities and differences. *The Journal of Positive Psychology*.

#### ARTICLES UNDER REVIEW:

1. Chow, P.I., Berenbaum, H., Boden, M.T., & **Flores, Jr., L.E.** (under review). All for one or one for all? Examining a parsing of emotion that focuses on the needs of the self in relation to others.
2. Chow, P.I., **Flores, Jr., L.E.**, Wu, H., & Thompson, R.J. (under review). The role of neuroticism in a naturalistic study examining affect and pleasure.
3. Eckstrand, K.L., **Flores, Jr., L.E.**, Cross, M., Silk, J.S., Allen, N.B., Healey, K.L., Ambrosia, M., Marshall, M.P., & Forbes, E.E. (under review). Blunted activation to social reward and association with depressive symptoms among LGB youth: A preliminary fMRI study.

#### PUBLISHED ABSTRACT:

1. **Flores, Jr., L.E.**, Eckstrand, K., Silk, J.S., Ambrosia, M., Allen, N.B., & Forbes, E.E. (2017). Right temporoparietal junction response to social reward moderates the relation between naturalistic emotional closeness and positive affect among adolescents. *Biological Psychiatry*, *81*(10), S332-333.

#### UNPUBLISHED CONFERENCE PROCEEDINGS:

1. **Flores, Jr., L.E.**, Sommerfeld, D., & Aarons, G.A. (2008, March). *Evidence-based practice implementation and staff emotional exhaustion*. Poster presentation at the 29<sup>th</sup> annual meeting of the Society of Behavioral Medicine, San Diego, CA.
2. **Flores, Jr., L.E.**, & Berenbaum, H. (2010, October). *Psychological distress and the social regulation of emotion*. Poster presentation at the 24<sup>th</sup> annual meeting of the Society for Research in Psychopathology, Seattle, WA.
3. **Flores, Jr., L.E.**, & Berenbaum, H. (2011, September). *The relationship between daily levels of anhedonic depression and emotional closeness*. Poster presentation at the 25<sup>th</sup> annual meeting of the Society for Research in Psychopathology, Boston, MA.
4. **Flores, Jr., L.E.**, & Berenbaum, H. (2012, May). *The social regulation of emotion reduces self-control strength depletion*. Poster presentation at the 24<sup>th</sup> annual meeting of the Association for Psychological Science, Chicago, IL.
5. **Flores, Jr., L.E.**, & Berenbaum, H. (2012, October). *Updating negative contents of working memory and the social regulation of emotion*. Poster presentation at the 26<sup>th</sup> annual meeting of the Society for Research in Psychopathology, Ann Arbor, MI.
6. **Flores, Jr., L.E.**, & Berenbaum, H. (2014, September). *The social regulation of emotion and emotional long-term memory*. Poster presentation at the 28<sup>th</sup> annual meeting of the Society for Research in Psychopathology, Evanston, IL.
7. **Flores, Jr., L.E.**, Silk, J.S., Ambrosia, M., & Forbes, E.E. (2015, May). *The relation between emotional closeness during naturalistic social interactions and positive affect in adolescence*. Poster presentation at the 27<sup>th</sup> annual meeting of the Association for Psychological Science, New York, NY.

8. **Flores, Jr., L. E.**, Silk, J.S., Ambrosia, M., & Forbes, E.E. (2015, October). *Adolescents' neural response to social reward and emotional closeness during naturalistic social interactions*. Poster presentation at the 29<sup>th</sup> annual meeting of the Society for Research in Psychopathology, New Orleans, LA.
9. Forbes, E.E., Ambrosia, M., **Flores, Jr., L.E.**, & Silk, J.S. (2015, October). Common neural response to personally relevant social reward in relation to adolescents' depression and real-life social experiences. In L. B. Alloy (Chair), *Integration of reward and social/circadian rhythm model perspectives in understanding mood disorders*. Symposium conducted at the 29<sup>th</sup> annual meeting of the Society for Research in Psychopathology, New Orleans, LA.
10. **Flores, Jr., L.E.**, Silk, J.S., Ambrosia, M., Allen, N.B., & Forbes, E.E. (2016, March). *The role of neural response to social reward in the relation between emotional closeness and positive affect during naturalistic social interactions among adolescents*. Oral presentation at the 3<sup>rd</sup> annual meeting of the Society for Affective Science, Chicago, IL.
11. Forbes, E.E., Silk, J.S., Allen, N.B., & **Flores, Jr., L.E.** (2016, March). *Adolescents' depression, daily social experiences, and function in social and affective neural circuitry: Common mechanisms revealed by the BFF fMRI paradigm*. Oral presentation at the 3<sup>rd</sup> annual meeting of the Society for Affective Science, Chicago, IL.
12. Cyranowski, J.M., Swartz, H.A., Cheng, Y., Amole, M.C., Herman, L., & **Flores, Jr., L.E.** (2016, August). *The lagged relationship between improvements in maternal depression and child functioning*. Oral presentation at the 2016 annual meeting of the American Psychological Association, Denver, CO.
13. **Flores, Jr., L.E.**, Eckstrand, K., Silk, J.S., Ambrosia, M., Allen, N.B., & Forbes, E.E. (2017, April). Adolescents' neural response to social reward moderates the relation between naturalistic emotional closeness and positive affect. In K.L. Modecki (chair) *Emotion dynamics in context: Experience sampling research of real-world social and affective factors in adolescent psychopathology*. Symposium conducted at the 2017 biennial meeting of the Society for Research in Child Development, Austin, TX.
14. **Flores, Jr., L.E.**, Cyranowski, Amole, M.C., & Swartz, H.A. (2017, June). Social network quality assessment among depressed mothers and the moderating role of childhood trauma in social network quality treatment outcomes. In J. M. Cyranowski (chair) *History of childhood emotional abuse among depressed mothers: Impacts and IPT treatment implications*. Symposium conducted at the 7<sup>th</sup> annual meeting of the International Society of Interpersonal Psychotherapy, Toronto, Canada.
15. **Flores, Jr., L. E.**, Alarcon, G., Eckstrand, K.E., & Forbes, E.E. (2018, March). *Anhedonic depression is related to less effective social regulation of neural response to negative stimuli among young adults*. Poster presentation at the 2018 meeting of the Emotion Preconference at the Society for Personality and Social Psychology, Atlanta, GA.

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## RESEARCH SUPPORT

University of Pittsburgh Medical Center (UPMC) Magnetic Resonance Research Center (MRRC)  
Pilot Study Award  
PI: Luis E. Flores, PhD  
3/2017-9/2017

“Social Regulation of Emotion in Emerging Adulthood”

To finalize the development of a modified version of an established social regulation of emotion fMRI task by testing the feasibility of using this modified task among pairs of emerging adult friends (ages 18-25).

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**Social Skills Training (SST)** **December 2015 – February 2016**  
Provided SST for Veterans with a severe mental illness in an inpatient setting.  
VA Pittsburgh Healthcare System. *Supervisor:* Mary Brilmyer, DNP, APRNBC

**Supervised Predoctoral Clinical Psychology Internship Clinical Experiences:**

**Psychotherapy Training Clinic Longitudinal Outpatient Therapy** **September 2014 – August 2015**  
Provided individual CBT and IPT for adults with depression.  
Western Psychiatric Institute and Clinic of UPMC. *Supervisor:* Jay Fournier, PhD

**Dual Diagnosis Inpatient Unit** **June – August 2015**  
Provided motivational interviewing for patients with a substance use and another mental health disorder.  
Western Psychiatric Institute and Clinic of UPMC. *Supervisor:* Antoine Douaihy, MD

**Center for Advanced Psychotherapy** **March – August 2015**  
Provided outpatient IPT for adults with depression.  
Western Psychiatric Institute and Clinic of UPMC. *Supervisors:* Holly Swartz, MD, Kelly Forster Wells, LCSW

**Behavioral Sleep Medicine** **March – May 2015**  
Provided outpatient brief behavioral treatment for insomnia (BBTI) for adolescents and adults.  
Western Psychiatric Institute and Clinic of UPMC. *Supervisor:* Brant Hasler, PhD

**Psychiatric Emergency Room** **March – May 2015**  
Conducted diagnostic and lethality assessments and coordinated care for children and adults urgently seeking inpatient or outpatient treatment.  
Western Psychiatric Institute and Clinic of UPMC. *Supervisor:* Christopher Parada, MA

**Autism Assessment and Social Skills Group** **December 2014 – April 2015**  
Conducted ADOS assessments with children and co-lead a social skills group for boys ages 7-9.  
Western Psychiatric Institute and Clinic of UPMC. *Supervisor:* Cassandra Wong, PhD

**Services for Teens at Risk (STAR)** **December 2014 – February 2015**  
Conducted assessments for teens with suicidality and co-lead an intensive outpatient program group.  
Western Psychiatric Institute and Clinic of UPMC. *Supervisor:* Kimberly Poling, LCSW

**Family Therapy Training Clinic** **September 2014 – February 2015**  
Provided structural family therapy in an outpatient setting.  
Western Psychiatric Institute and Clinic of UPMC. *Supervisor:* Leonard Woods, LCSW

**Psychotic Disorders Inpatient Unit** **September – December 2014**  
Participated in morning rounds and provided individual and group therapy for patients with psychosis.  
Western Psychiatric Institute and Clinic of UPMC. *Supervisor:* Gretchen Haas, PhD

**Obsessive Compulsive Disorder Intensive Outpatient Program** **September – November 2014**  
Provided exposure and responsive prevention (ERP) treatment for adults with OCD.  
Western Psychiatric Institute and Clinic of UPMC. *Supervisor:* Terri Laterza, LCSW

**Supervised Predoctoral Clinical Experiences during Graduate School:**

**McKinley Student Health Center Practicum** **August 2013 – May 2014**  
Provided individual therapy in a student health center setting.  
University of Illinois, Urbana-Champaign. *Supervisor:* Sharon Griffin-Pearsons, PhD

**Neuropsychological Assessment Practicum****June 2012 – June 2013**

Conducted neuropsychological assessments with children, adolescents, and adults who were suspected to have autism spectrum disorder, ADHD, and/or learning disabilities.

University of Illinois, Urbana-Champaign. *Supervisor:* Christopher Menard, PsyD

**Dialectical Behavior Therapy Skills Training Women's Group Practicum****January 2011 – July 2012**

Conducted assessments, co-lead DBT skills training group, and provided individual therapy.

University of Illinois, Urbana-Champaign. *Supervisors:* Edelyn Verona, PhD; Karen Aprill, MA, LCPC

**Stress and Anxiety Clinic Practicum****August 2010 – May 2011**

Provided individual CBT for adults with an anxiety disorder.

University of Illinois, Urbana-Champaign. *Supervisor:* Howard Berenbaum, PhD

**Probation/Parole Assessment Practicum****August 2009 – May 2010**

Conducted mandated mental health assessments and made treatment referrals for clients on parole or probation.

University of Illinois, Urbana-Champaign. *Supervisor:* Edelyn Verona, PhD

**Adult Inpatient Assessment Practicum****August 2009 – May 2010**

Conducted assessments for adults in an inpatient psychiatric unit.

University of Illinois, Urbana-Champaign. *Supervisors:* Gregory Miller, PhD; Howard Berenbaum, PhD

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**PROFESSIONAL SERVICE****DEPARTMENTAL SERVICE:**

2009-2010 Diversity Seminar Planning Committee, University of Illinois, Clinical/Community Division  
2010 Student Action Committee, University of Illinois, Clinical/Community Division  
2011 Admissions Committee, University of Illinois, Clinical/Community Division  
2011 Recruitment Weekend Planning Committee, University of Illinois, Clinical/Community Division  
2012 Project-Based Learning Approach Committee, University of Illinois, Clinical/Community Division

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